

# Always We Begin Again: A Spiritual Retreat

for Members and Friends of  
First United Church

**Saturday,  
January 7, 2012**

**9:30 am to 3:00 pm**

Dominican  
University  
Priory Campus,  
7300 West Division St  
River Forest, IL

Classroom 263  
and Chapel

As the Christmas and Epiphany season ends and a new year begins, you are invited to take time to retreat and reflect, to clarify your values and identify your priorities for 2012. Why should you register for this retreat day?

A clear sense of our values brings joy and purpose to life.

A clear sense of our priorities helps us achieve our goals and find abundant life.

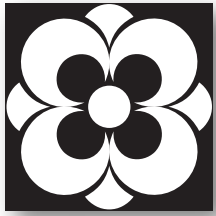
To live out our Church Council priority: to nurture relationships that bless, challenge and transform us – with God, each other and the world.

\$20 donation welcome, lunch included.

RSVP by Jan. 3 to Pastor Julie R. Harley at [jrh@firstunitedoakpark.com](mailto:jrh@firstunitedoakpark.com).

## **An Outline of the Day**

- 9:30 am Coffee and snacks – gathering time and introductions
- 10 am Presentation: Discerning your values and priorities for the new year led by Julie
- Noon Teaching Meditation Practice
- 12:30 pm Lunch together
- 1 pm Reflecting on the Word through Guided Meditation; Walking Meditation; Journaling; Body Sculpture and a Contemplative Communion Service
- 3 pm Blessings — go in peace



Music  
At First

# Community Epiphany Concert

**Sunday,**  
**January 8 2012**  
4:00 pm

Our church will host the community Epiphany concert in 2012.

Church choirs, children's choirs, and instrumentalists perform music of the season and lead carol singing.

First United Church  
848 Lake Street  
Oak Park, IL

A reception follows the concert.

Admission is free. A freewill offering will be collected for the *Walk-In Ministry*, which helps many people in our area who seek emergency assistance.

For more information, contact Bill Chin and *Music At First* at 708.386.5215 ext. 39

**Epiphany**— *the twelfth day of Christmas, the manifestation of Christ to the world (January 6), a Christian observance originally commemorating Jesus' baptism (Mark 1:9) and his changing water into wine at Cana (John 2:1-11). Later, the visit of the Magi (Matt. 1:1-12) from Christmas was added.*