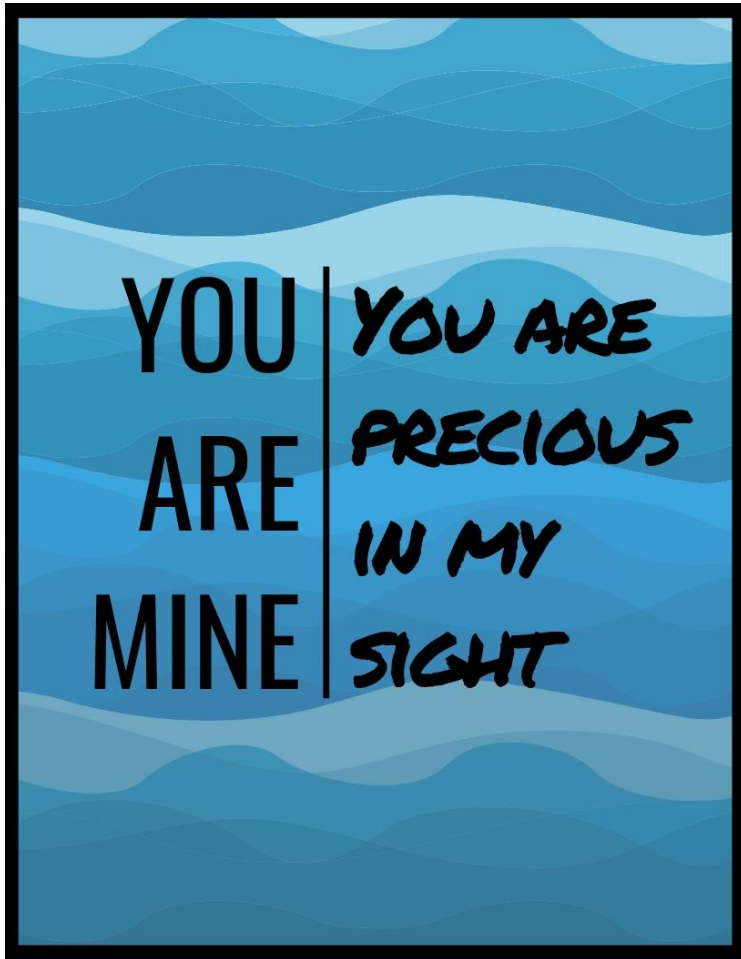


FIRST UNITED CHURCH OF OAK PARK
13 JANUARY 2019



An open community united in love and justice

PREPARING FOR WORSHIP

"I wonder what would happen if one day everyone who was in worship identified their wounds. If everyone who had experienced abuse, violence, carried a mental health diagnosis, battled addiction, contemplated or engaged in suicidal behavior, or had any other kind of trauma stood up, who would remain seated? Not me. Not anyone."

-Rachael A. Keefe, *The Lifesaving Church*

*Please stand in body or spirit. Please silence cell phones.

GATHERING MUSIC

Passacaglia in D minor

Dietrich Buxtehude

WELCOME

Please sign and pass the black Connections pad.

Deborah Kapp

*PASSING THE PEACE

The peace of Christ be with you.
And also with you.

*OPENING SONG

Be Still and Know That I am God

The image shows two staves of musical notation for the opening song. The first staff is in treble clef, key of D major (indicated by two sharps), and 4/4 time. It begins with a repeat sign. The melody consists of quarter notes: D4, E4, F#4, G4, A4, B4, C5, D5. The lyrics 'Be still and know that I am God.' are written below the notes. The second staff continues the melody with a half note D5, followed by quarter notes E5, F#5, G5, A5, B5, C6, D6. The lyrics 'Be ___ still and know ___ that I ___ am God. ___' are written below the notes.

Words and Music: John Bell, © 1989 GIA/Iona Community/WGRG.
All rights reserved. Reprinted under OneLicense.net #A-714599.

GATHERING AS GOD'S PEOPLE

CALL TO WORSHIP

Beloved Is Where We Begin

Jan Richardson

If you would enter
into the wilderness,
do not begin
without a blessing.

Do not leave
without hearing
who you are:
Beloved,
named by the One
who has traveled this path
before you.

Do not go
without letting it echo
in your ears,
and if you find
it is hard
to let it into your heart,
do not despair.
That is what
this journey is for.

I cannot promise
this blessing will free you
from danger,
from fear,
from hunger
or thirst,
from the scorching
of sun
or the fall
of the night.

But I can tell you
that on this path
there will be help.

I can tell you
that on this way
there will be rest.
I can tell you
that you will know
the strange graces
that come to our aid
only on a road
such as this,
that fly to meet us
bearing comfort
and strength,
that come alongside us
for no other cause
than to lean themselves
toward our ear
and with their
curious insistence
whisper our name:

Beloved.

Beloved.

Beloved.

PRAYER FOR WHOLENESS adapted from a prayer by Dee Ledger

Holy Jesus, you knew how closely individual well-being is tied to communal well-being. Today we confess to you how we have compounded the difficulty of mental illness. We have broken the bruised and placed more grievous burdens on the downhearted.

We confess now the fear that possesses us—fear that too often incarcerates the mentally ill rather than medically treating their sickness.

We confess judgement, choosing to believe that those who are mentally ill are not deserving of our time or resources, or even our friendship.

We confess bigotry, that treats mental illness in the other—other by race or religion or gender identity—as more to be blamed than the mental illness in those like ourselves.

We confess self-importance, priding ourselves with our things and excuses, rather than undertaking action to lessen the sorrows of existence and increasing the beauty of human welfare.

We confess stinginess, clinging and hoarding resources that could help to free those who struggle.

We confess our violence, choosing to send our loved ones and young into harm's way, without adequately funding the healing of their moral injuries and suffering spirits upon their return.

Carry us from our spiritual wounds to mutual healing, that all may be reconciled within your holy mind and that all may be transformed within your divine heart.

SILENCE IS KEPT.

ASSURANCE OF LOVE

Before you even knew of your own failings, God called you Beloved. God said of you, "I have called you by name, you are mine. When you pass through the waters, I will be with you; and through the rivers, they shall not overwhelm you; when you walk through fire you shall not be burned, and the flame shall not consume you... you are precious in my sight, and honored, and I love you...." **Amen.**

INVITATION TO THE CHILDREN

HYMN 327
Black hymnal

Jesus Loves Me, v.1

JESUS LOVES ME

TIME FOR SHARING

Deborah Kapp

LISTENING FOR GOD'S WORD TO US

SONG OF ILLUMINATION 179 *We Yearn, O Christ, for Wholeness, v. 1*
Black hymnal

PASSION CHORALE

SCRIPTURE READING Isaiah 43:1-7, OT p. 672
Luke 3:21-22, NT p. 60

SERMON Mental Health: Let's Start at the Very Beginning

Lydia Mulkey

RESPONDING TO GOD'S WORD

***HYMN 407** *How Firm A Foundation*
Black hymnal

FOUNDATION

PRAYER OF DEDICATION

Alicia Reese

OFFERTORY *Fürchte dich nicht* Johann Christoph Bach
Fear not: for I have redeemed thee, I have called thee by name; thou art mine. (*Isaiah 43:1*)
Verily, I say unto thee, today shalt thou be with me in paradise. (*Luke 23:43*)
O thou Jesu, my aid and comfort, I plead with tears: help, that I may long for thee unto the grave. (*verse 6, "O Traurigkeit," Johann Rist*)

***DOXOLOGY**

PUER NOBIS NASCITUR

Praise God from whom all blessings flow;
Praise Christ, all people here below.
Praise Holy Spirit evermore;
Praise Triune God whom we adore. Amen.

PRAYERS OF THE PEOPLE AND THE LORD'S PRAYER

Alicia Reese

Our Father, who art in heaven, hallowed be thy name.
Thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our debts, as we forgive our debtors;
and lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power and the glory, forever. Amen.

GOING FORTH IN DEDICATION AND SERVICE

OUR LIFE TOGETHER

Lydia Mulkey

*HYMN 547
Black hymnal

Amazing Grace

AMAZING GRACE

*CHARGE AND BENEDICTION

Beloved Is Where We Begin

Jan Richardson

*BENEDICTION RESPONSE

Healer of Our Every Ill

Refrain

The musical notation is written on a single treble clef staff in the key of D major (one sharp). The melody consists of quarter notes and half notes. The lyrics are: "Heal - er of our ev - ery ill, light of each to - mor - row, give us peace be - yond our fear, and hope be - yond our sor - row." The word "Refrain" is written above the first measure. The word "Fine" is written above the final measure. Chord symbols are placed above the staff: D, Em7, G, A, D, Bm, Bm7, G, A, F#m7, Bm, Em7, F#7, G, Em, A, D.

Heal - er of our ev - ery ill, light of each to - mor - row,
give us peace be - yond our fear, and hope be - yond our sor - row.

SENDING MUSIC

In Thee is Gladness

J.S. Bach

TODAY AT FIRST UNITED

SECOND SUNDAY SUNDAES! Following worship, ice cream and toppings will be available in the Lounge. Join us!



PLEASE RECYCLE your bulletin in one of the bins near the Sanctuary exits.

JOIN THE DEACONS for prayer and anointing in the chapel following Worship.

HEARING AMPLIFICATION DEVICES--INCLUDING T-COIL CABLES, LARGE PRINT BULLETINS, BIBLES AND HYMNALS are available for use during worship. Please talk to a greeter to obtain these items and return the amplification device to the greeter. Large print bibles and hymnals should be returned to the table behind the middle pews.

HOSPITALITY IN WORSHIP - It takes many hands and hearts to make our worship pleasing in the sight of God. We are grateful to our Worship and Music leaders and those who provide Hospitality through various ministries.

EVENTS AND UPDATES

BUDGET CONVERSATION. Join Council Moderator Gene Armstrong and other church leaders following church next Sunday, January 20, in Centennial Hall. You will have an opportunity to discuss the 2019 budget, ask questions, get needed information, etc. The budget will be voted on at our annual meeting the following week. All are welcome to participate in the conversation.

ANNUAL CONGREGATIONAL MEETING - Please join us immediately following worship on Sunday, January 27, 2019 for the presentation of the Proposed 2019 Church Budget. Church Moderator Gene Armstrong will lead the discussion, Q&A, and the congregation will vote on the proposed budget. We will move to Centennial Hall for lunch following the vote, and we will enjoy a short, interactive program around our tables.

NEW "30S/40S SMALL GROUP" FORMING: Want to experience a deeper, spiritually richer and more connected life in 2019? This intentional gathering, meeting regularly for the purpose of spiritual development and fellowship, will explore a variety of spiritual practices as a starting point for dialogue and discovery. All perspectives and journeys welcome. Meets nearby First United, 8 p.m. Mondays, January 21 to February 25. Contact Anne Paluck at annekohlenberger@gmail.com

MIDPOINT INVITES YOU to a wonderful midwinter event - the first MIDPOINT Chili Challenge! Please bring your meat chili or vegetarian chili, and we'll sample them all and vote on a Champion! Saturday, February 9, 7:30 p.m. at the lovely home of Renee Davis and Josephine Porter (907 N Elmwood, Oak Park) We'll provide the toppings. Everyone is invited! As usual please bring your own wine/beer to share. Any new members, please join us! Please contact Barbara Metric at barbarametric@comcast.net with any questions.

DINNER & A MOVIE – Change of Movie! Friday, January 11: *The Florida Project*. Living within sight of Disney World's glittering attractions, the children of families residing in tacky motels near the megapark create their own magical world together, led by a spirited 6-year-old. Dinner at 6 p.m. (\$5 donation); movie at 6:30 p.m. (free). Sign up in lounge or call Cynthia Collazo, 708-383-9228.

PLEASE NOTE: The church offices will be closed a week from Monday, January 21, in observance of MLK, Jr. Day.

Moving from

words to witness
in our relationship with God,

individualism to intimate
fellowship in our relationship with other members of the church community,

charity to changing
structures in our relationship with the world.

WELCOME- We're glad you joined us for worship. Learn about First United:

- Visit the welcome desk in the lounge or the visitor table in the narthex to receive more information about the church.
- Sign the registration pad when it's passed. Include your email to receive our weekly e-news and devotional!
- Speak with any greeter or minister or join us for coffee hour following worship.
- Contact Lydia Mulkey at 708.386.5215 or lmulkey@firstunitedoakpark.com for information about Newcomers Gatherings and any additional questions.

ABOUT US - We are a union church of the Presbyterian Church (USA) and the United Church of Christ. We seek to be an inclusive expression of Christ's body celebrating our diversity while finding our unity in Christ. We are a More Light/Open and Affirming congregation, committed to full inclusion of GLBTQ people in membership & ministry.

ABOUT WORSHIP - Worship is our time to praise and grow closer to God. Worship each week includes song, prayer, learning, silence and giving. If you have any questions about what we do, please ask a minister or a member.

WORSHIP WITH CHILDREN - We welcome all children to participate fully in worship. Age-appropriate worship activities and books are available as you enter the sanctuary. We offer safe, quality childcare and quiet play for children five and under in our nursery (just off the lounge). Accompanied by a parent, these children may leave after Time for Sharing.

RESTROOMS & WiFi - Accessible restrooms are located off the church lounge. Free Wireless Internet is available in all areas of the building. Network: 'FirstGuest', password: 'FirstUnited'.

GIVING - Offering envelopes are in the pew racks. You can also give one time or recurring gifts online at www.firstunitedoakpark.com/giving.

WEEKLY CALENDAR

SUNDAY, JANUARY 13

- 8:30 am Church School Leader Breakfast
- 9:30 am Church School for All Ages
- 9:30 am Technology Help Desk
- 11:00 am Worship
- 12:00 pm Second Sunday Sundaes
- 6:00 pm FUSH and FUJI Advisor Appreciation

MONDAY, JANUARY 14

- 8:30 am Nursery School Staff meeting
- 4:00 pm Prayer Shawl Ministry
- 6:00 pm Monday Bible Study
- 6:00 pm PADS Emergency Shelter
- 7:00 pm Worship, Music & Arts meeting

TUESDAY, JANUARY 15

- 4:00 pm Pro Musica Youth Chorus
- 6:30 pm Nursery School Open House
- 6:30 pm PNC meeting
- 7:00 pm Church Council meeting

WEDNESDAY, JANUARY 16

- 11:00 am Wednesday Small Group
- 3:30 pm Food Pantry distribution
- 7:00 pm Cluster Tutoring Board meeting
- 7:00 pm Food Pantry Volunteer Orientation

THURSDAY, JANUARY 17

- 6:30 pm Cluster Tutoring

FRIDAY, JANUARY 18

- 6:30 pm FUSH Winter Retreat

SATURDAY, JANUARY 19

- 8:00 am Third Saturday Book Group
- 10:00 am PFLAG Council

SUNDAY, JANUARY 20

- 9:30 am Church School for All Ages
- 9:30 am Technology Help Desk
- 11:00 am Worship
- 12:15 pm 2019 Budget Conversation
- 12:15 pm FUSH Summer Work Cam Informational Meeting
- 6:00 pm FUSH and FUJI

**CONTACT THE FIRST UNITED OFFICE MONDAY THROUGH FRIDAY, 9 AM TO 5 PM
708.386.5215**

Gene Armstrong, Council Moderator	geneann1113@yahoo.com
Barbara Metric, Council Clerk	barbarametric@comcast.net
Deborah Kapp, Interim Lead Pastor (ext. 101)	dkapp@firstunitedoakpark.com
Lydia Mulkey, Associate Pastor of Education (ext. 103)	lmulkey@firstunitedoakpark.com
Alicia Reese, Pastoral Assoc., Youth & Cong. Care (ext. 104)	areese@firstunitedoakpark.com
William Chin, Director of Music (ext. 108)	bill@firstunitedoakpark.com
Michael Surratt, Organist	msurratt@firstunitedoakpark.com
Amanda Swanson, Manager of Operations (ext. 102)	aswanson@firstunitedoakpark.com
Dennis Cobb, Administrative Assistant (ext. 100)	dcobb@firstunitedoakpark.com
Maureen Wheeler, Financial Consultant (ext. 106)	mwheeler@firstunitedoakpark.com
Suzi Benes, Financial Assistant (ext. 109)	sbenes@firstunitedoakpark.com
Keith Liesse, Manager of Building and Grounds (ext. 110)	kliesse@firstunitedoakpark.com
First United Church Nursery School	708-848-4910, www.firstunitedschool.com
Housing Forward	708-338-1724, www.housingforward.org
Oak Park River Forest Food Pantry	708-386-1324, www.oprffoodpantry.org
The Kid's Kloset, children's clothing ministry	susanzaruba@gmail.com
Cluster Tutoring	773-378-5530, www.clustertutoring.org
Pro Musica Youth Chorus	708-406-9597, www.promusicayouthchorus.org
Samaritan Counseling Center	847-446-6955, www.northshoresamaritan.org



FIRST UNITED CHURCH OF OAK PARK

an open community united in love & justice

848 Lake Street, Oak Park IL 60301 | 708.386.5215

www.firstunitedoakpark.com | facebook.com/firstunitedoakpark

